

GIRL UNIVERSITY

meet your future

Girl University is...

A one-day conference for girls in 8th through 12th grades and their parents, designed to give you an early start planning life after high school. When you arrive at the event, pick and choose from these options to create your own unique experience. Bring along your parents because we have workshops for them too!

\$15 for Girl Scout Members

\$20 for non-members

Registration deadline: February 26, 2011

Register online at www.girluniversity.org

Or contact Darlene McMurray to request a brochure at 817-735-5336.

Also at the Conference

- UTA Campus Tour!
- Grand Door Prize – The Cruz Table ereader!
- Girl Scout Shop!
- Delicious Snacks!
- Exciting Exhibits!

Girl University is presented by Girl Scouts of Texas Oklahoma Plains, Inc. and hosted by The University of Texas at Arlington. The event is Co-Sponsored by The University of Texas at Arlington, UTA departments of Upward Bound, Testing Services, and Career Services, and the American Association of University Women, N.E. Tarrant County Chapter.


girl scouts
of texas oklahoma plains



GIRL UNIVERSITY

meet your future



your life... your future... your choices...

Experience
the Energy of
Campus Life

Explore
Financial Options
Including Scholarships,
Grants and Financial Aid

Receive
Valuable Tips
From College Students

Join Us
Saturday, March 5, 2011
1:00 p.m. – 5:30 p.m.

University of Texas at Arlington
E.H. Hereford University Center
300 W. First Street
Arlington, TX 76010



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Discover Inspiration... Lumbie Mlambo from Zimbabwe will inspire you with her courageous life story and how she overcame adversity to become an accomplished model, actress and founder of her own publishing company.

Connect... Where do you want to go in life? Take your pick from dozens of dynamic workshops to help you connect today's decisions towards a great future.

Take Action... Don't know how to pay for college? Not sure what high school courses to take to get you where you want to go? Girl University can help with that! Take Action now to make sure you are on track.

Workshops for Parents...

Are you a Helicopter Parent?

You just want to help your child get ahead, but how much is too much? Learn to know when to be involved and when to step back.

Bully Beware

Incidents of college bullying have been in the news. Learn how to help your daughter identify people and situations that seek to victimize her.

Café Conversation

This question and answer session has time reserved to enjoy a delicious beverage with other parents. College students and parents of college students will be on hand to answer questions.

Media Stereotypes

How does the media affect the way girls and women define themselves? What are the warning signs that let you know if negative stereotypes are harming your daughter?

Parent's College Planning Guide

Learn what you can do while your daughter is in 9th-12th grade to help prepare her for educational opportunities after high school.

Preparing Her for College

Are you worried about the responsibilities and freedoms your child is about to take on? Learn what steps you can take to help her "be prepared" and help her grow as an adult.

Workshops for Girls...

Beautiful Body

Avoid the freshman 15 and learn tips for developing a healthy lifestyle for now and the future.

Boiling Point

Want to learn how to control stress in your life so you don't boil over? Fun, stress-busting remedies.

Bullying

Dispel the myths, clarify the differences in male and female bullies, and discover how to ensure your college experience is a positive one.

College Not Required

There are options other than the traditional 4-year university. Learn about technical schools, military, and community colleges.

CSI

Meet Crime Scene Investigations professionals. Discover what the job is really like and what kind of training you need to become a member of CSI.

Cyber Sense

What do colleges and employers look for on your Facebook page? Learn how to use the internet to your advantage without giving away all your secrets.

Don't Burn Down the Dorm Room!

Learn how to cook something other than Ramen noodles using a microwave in your dorm room! Laundry tips to prevent the "pink underwear" syndrome!

Engineering

Enjoy a robotics demonstration, experience cool, hands-on experiments, and explore the world of engineering.

Extreme Dorm Makeover

Be the envy of your hallway!

Fear Factor and Testing Out

PSAT, SAT, ACT, AP- OH MY! Taking standardized test can be intimidating to students. Have no fear-this session will help you learn about tests, sharpen your strategies, and raise your scores.

Get a Plan!

From freshman to senior, embrace these exciting steps to get ready for college.

Grow Your Body

Your body changes every day – do you really know how to keep it healthy? Learn simple ways to protect yourself now and in the future.

Law and Order

Learn about legal-related careers such as law enforcement, victims advocate, attorney, detective and many more exciting options.

Major Decisions

How do you decide on a major? When must you decide? Cut back your stress when you hear good news on the subject.

Make a Difference - Take Action!

Are you interested in helping others? Learn how to be the change you want to see in the world!

Money, Money, Money (Parent & Girl Workshop)

Think you can't afford college? Hear what the experts have to say about finding the money to pay for a college education. We'll help you discover where to find financial resources.

Piggy Bank Basics

Is your piggy bank full or empty? Find out how to keep your money and protect your financial future.

School Daze

Overwhelmed by the daunting task of finding the perfect college? A little homework will save your sanity.

The Arts

Learn how to train for a career in the culinary arts, dance, theatre, art education and more.

The Truth about Campus Life

This is your chance to find out what college life is really like! College men and women will be available to answer all your questions.

Time Bandits

Where did the time go? Learn how to stay on track and not get distracted.

True Colors

Are you a blue or green? Orange or Gold? It can make a big difference in how you relate to others and how they relate to you.

Women in Health Care

The health care field is exploding with opportunities for future careers and it is not just limited to doctors and nurses. Talk to professionals and discover new choices.

Write Your Own Ticket

When you know how to present yourself well, people will take notice and open opportunities for you.

Yoga

Feeling a bit stressed? Come learn cures for what stresses you. Yoga can be done anywhere, by anyone.